RTS Bereavement Training

September 14 & 15, 2010
Medical Office Building, Conference Rooms 03 & 04
Methodist Women’s Hospital – 192 & Dodge Street, Omaha, NE

Cost:  No fee for Methodist Hospital Employees
       $100 for Perinatal Outreach participants
       $200 for outside participants
       (Cost includes binder with materials, credits, 2 breaks and lunch each day)

Overview
This two-day program provides insights, knowledge, and hands-on classroom experience with the skills necessary to interact with families experiencing Perinatal loss. Each participant receives a training manual with current Perinatal bereavement resources and standards of care for patients and families.

The program is intended for nurses, especially those working in labor-delivery and post-partum care units, outpatient surgery areas, clergy, chaplains, physicians, nurse midwives, social workers, & funeral directors.

Purpose:
Assist health professionals in developing skills when interacting with those who will or have experience the loss of an infant.

Objectives
- Discuss the role of an interdisciplinary team when caring for bereaved parents and families
- Provide a theoretical framework for understanding attachment, grief, and Perinatal loss.
- Relate grief theory to caring for bereaved parents.
- Demonstrate communication skills for interacting with grieving families.
- Identify special needs of parents during a pregnancy subsequent to a Perinatal loss.
- Describe appropriate interventions for responding to someone who has had a pregnancy loss, stillbirth, or newborn death.
- Explain how children, family, and friends are affected by Perinatal loss.
- Utilize protocols and guidelines to provide consistent care and follow-up after discharge.
- Identify needs of caregivers and describe ways to take care of one’s self.

Faculty
Lead RTS Bereavement Coordinators
Mary Killpack, MSN, RNC-OB, RNC-MNN, C-EFM, Methodist Hospital Perinatal Outreach Clinical Nurse Educator.
Cindy Selig, MSN, APRN-CNS, RNC-OB Methodist Hospital Birth Services Clinical Nurse Specialist.

Registration
Registration information will be available soon.
Call Mary Killpack, 402-354-5634 with questions
AGENDA

Day One (Lunch provided)
7:30 a.m. Registration and continental breakfast
8:00 a.m. Welcome and introduction
  • History of RTS
  • Purpose
  • Role of RTS-trained staff
    o The Interdisciplinary team
Thoretical framework of Perinatal loss
  • Pregnancy / attachment / parenting tasks
  • Understanding normal grief
Understanding Perinatal loss
  • Pregnancy loss, stillbirth, newborn death, twin/higher older multiple loss, teen pregnancy loss
Communicating with grieving families
Parents share their experiences
4:30 p.m. Adjourn

Day Two (Lunch provided)
7:30 a.m. Subsequent pregnancy
Theoretical framework for intervention
  • Theory of caring
  • Grief counseling
  • Uncomplicated / complicated grief
  • Referral / therapeutic process
Initiating contact with bereaved parents
Supporting bereaved parents, families, friends and children
Creating memories and picture taking
Support yourself and colleagues
4:00 p.m. Evaluation and adjourn

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Gunderson Lutheran’s Bereavement Services has long recognized the importance of bereavement care. Beginning with hands-on care for families experiencing Perinatal loss, and the creation and implementation of our RTS course in Perinatal loss and newborn death in 1981, Bereavement Services has extended bereavement training throughout the hospital, into our regional clinics, and beyond. Today, Bereavement Services has trained more than 30,000 healthcare professionals in all 50 states, the Philippines, Switzerland, England, Ireland, Italy, Germany, Japan, Spain and Canada. Our vision is to train all healthcare professionals so they are skilled and competent in supporting dying patients and grieving friends and family.